



NORTHERN ARCHERS OF SYDNEY INC

PENNANT HILLS PARK, OFF BRITANNIA STREET, PENNANT HILLS.



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The logo of Northern Archers of Sydney is a shield-shaped emblem. It features a central circular target with a blue bullseye and concentric rings of red, white, and blue. The shield is divided into four quadrants by a cross, with colors including blue, yellow, and red. The words "NORTHERN ARCHERS" are written across the center in a stylized font.

Northern Archers of Sydney is an Archery Club located in Pennant Hills.

The club is affiliated to Archery Australia (National Governing Body) and Archery NSW (Regional Governing Body). Northern Archers is a Non-Profit Organisation, run by a committee of volunteers who have practiced archery at National and State levels. The club is run by a Committee who are available to meet on weekends.

We are a FITA Club and shoot Target, Field and Clout. We occasionally shoot 3D coupled with Field. The range is open 365 days to members from Sunrise to Sunset. We run leagues every weekend, as well on 2nd and 4th Thursdays. It's open to our club members, associate members and visitors from other clubs. League winners are presented Cash Prizes plus a Gift Voucher from our sponsor Abbey Archery.

Northern Archers also offers coaching classes in Recurve and Compound style archery. If your keen to learn the sport or are a practicing archer, and would like to sign up with one of the largest FITA clubs in Australia, get in touch with us below.

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COMMITTEE OF MANAGEMENT

Your Club is managed by a group of volunteers known as the Committee of Management. It consists of a President, Vice President, Secretary, Treasurer, Recorder and three ordinary committee members. If you have any questions concerning Club matters, please feel free to contact any one of the committee on northernarchersofsyd@gmail.com

CLUB MEMBERSHIP

If you have decided to continue with the sport then joining Northern Archers as a full member offers many advantages.

Full Membership allows you to use any of the Club equipment, including bows, arrows and accessories, at no cost for a period of one month after joining. This is of vital importance in the period leading up to buying your own equipment, which is explained further in this booklet.

Club membership allows adult members to shoot unsupervised on the range, at any time during daylight hours subject to their qualification distance. Northern Archers has an exclusive lease of the archery range for 365 days a year. We are one of the few clubs in NSW with seven day access. Northern Archers facilities are rated as one of the best in NSW.

Membership of the Club affiliates you with Archery Australia Inc and therefore, enables you to shoot on any of the grounds of other affiliated clubs. These clubs may charge a small visitors fee and shooting will naturally be within the times and regulations of that particular Club. You must get permission in writing from the club you choose to visit before heading do to their range to shoot. Also you are eligible to participate in the various tournaments and other events conducted through the Archery Society of NSW, Archery Australia or its affiliated clubs and State bodies.

Northern Archers has several qualified Coaches as members and also various State, National and International level Archers. These people are always happy to share their knowledge with you and give you individual tips and advice.

Details about Club Membership are available on the website, Club noticeboard or from any Committee Member or the Duty Officer. A list of the current Members of the Committee of Management and Coaches are displayed on the notice board.

Club fees are due on the anniversary of your membership and renewal must be paid in advance or on that date for you to continue to use the Club facilities. You will be sent a reminder by Archery Australia regarding your renewal about 3-4 weeks before your anniversary membership is due to expire. You must however, make a calendar note of your expiry date, to ensure you remain active and financial. Fees for new members joining will be advised at the time of membership application and there are concessions for family members, juniors (to 18 yrs) and seniors +65 years.

CLUB LEAGUES

For beginners, seasoned Archers, junior and seniors alike, the Club conducts two in-house competitions per year where we all have the chance to compete in a relaxed club atmosphere and on a level footing. It is a handicap event so everyone has the chance of winning - in fact the novice Archer has a greater chance of taking out the individual shoots because, arguably, the ratings system is weighted in their favour as they generally improve quite quickly.

To obtain your shooting handicap you need to score five different rounds under controlled shooting conditions. Once these scores are submitted, the Club Recorder will issue you a shooting handicap and you can then compete in the league competition.

Please see our Club Recorder for further detail and to register your interest. This is a good way of increasing your skill and excellent preparation if you decide to compete in an inter club tournament.

Note that there is no general shooting during league events although Archers are welcome to join in and shoot on the controlled line.

Good Shooting And Above All, Enjoy Yourself

RANGE TIMES AND CLUB HOUSE ACCESS

All adult members joining will be provided an access key/password to the lock on the target container, which allows you to use target faces, safety flags and danger signs. Each member that uses the Target Container is solely responsible for ensuring its locked after use.

The range is available to our Members seven days a week, during daylight hours and all members must have their Archery Australia membership card with them at all times. However, the Club House will generally be open on Saturdays and Sundays or if there's a committee member at the range during weekdays.

New keys to the Club House are only issued to Committee Members or members of longer standing that assist with the maintenance of the club and the range.

Please remember it is mandatory to log in using the FOB key at the Clubhouse each time you visit the range.

Failure To Observe This Important Rule Will Jeopardise Our Insurance And Lease Arrangement With Council And Will Result In Your Privileges Being Withdrawn.

The last member leaving the range should ensure all the containers are locked and the Clubhouse is locked and alarm set if necessary.

CLUB FUNCTIONS

From time to time the Club runs various social and tournaments events. We would encourage you to participate in these events which, as well as allowing you to meet many other Club members, will also allow you to increase your general knowledge of the sport by talking and asking questions from the more experienced Archers in the Club.

WORKING BEES

During the year the Club will conduct a number of working bees to maintain and improve the Clubhouse, its facilities, equipment and Clubhouse grounds. The tasks might include rebuilding target butts, gluing used faces to cardboard, cleaning the Clubhouse and storage containers, painting, whipper snipping, bushland trimming etc. No shooting of any type is permitted on the range while working bees are in progress. The dates of working bees are advised to the membership by email and are also shared on our website and social media pages.

All members are encouraged to participate. Remember that it is your Club and nothing can be improved unless you assist in making it happen.

SAFETY

The Club has a specific and detailed Safety Policy (including a Safety Management Plan and Range Shooting Policy), which has been included in this booklet. On becoming a member of Northern Archers you agree to adhere to the safety policies of the Club. If you do not understand any of the safety policies you should ask a Committee Member to explain the policy such that you can understand and abide by the policy. Safety is the responsibility of all Archers on the range. If someone acts in an unsafe manner, advise that person to act safely and if necessary inform a senior member or the COM who has the authority to caution and if necessary remove any unsafe Archers from the range. Like with all issues, safety is common sense. However, some specific points from the policy are worth repeating here.

- If you must retrieve arrows that have missed and are behind the butt it is imperative that you wait until it is safe to do so. Archers/persons shall not proceed in the area behind the targets and between the safety mound until Archers on the range have been advised by calling out "Going Behind" and all archers have ceased shooting.
- Should any Archer/person go on or be beyond the safety mound all shooting on the range must stop immediately. Shooting line etiquette suggests that you try to fit your 'search time' to accommodate other Archers still shooting.
- Equally if you notice trespassers behind the target butts you must stop shooting and advise the person/s to remove themselves from the range.
- The safety flag must be flying on the flagpole before any shooting is to take place.
- Never change distances without double checking your sight setting for that distance.
- Do not raise your sights above the top of the target butt when drawing the bow.
- Archers on adjacent targets must maintain a distance spacing and formation that is considered satisfactory by all Archers participating, considering the main range shooting policy and abilities of the individual Archers and range weather conditions at the time.
- Never put an arrow in the bow unless it is pointed towards the target.
- Bare feet, thongs or open-ended sandals are not permitted on the Range for safety reasons.
- If you notice people acting in an unsafe manner, you must request them to act in a safer manner and inform the Duty Officer or the Secretary.

Archery is a safe sport - please help to keep it that way.

QUALIFYING AT VARIOUS DISTANCES

Rules of our Club requires a minimum score at least 360 points out of a possible 720 on a large, 122cm target face, with 72 arrows at 20m to be deemed to have satisfactorily completed the Beginners Course. During the Beginners Classes you have been issued with a Certificate indicting your score out of 720.

Once you have become a member you have to begin your distance qualifications in accordance with the Distance Qualification table below. This means you have to score at least 600 points at 20m before you move to the next distance.

Although the rules allow you to move back each time you achieve the particular distance qualification score, we suggest that you do not increase your shooting distances too quickly, and not necessarily because you have shot the required points (refer to Distance Qualification table below) only once. The reason we suggest this is because we have seen so many people qualify at 20m, return to the range after a few weeks and immediately start shooting at 30m. This often results in low scores and sometimes arrows missing the target, which in turn causes the Archer to become disappointed and lose heart. It is also potentially dangerous.

Distance Qualification for uncontrolled shooting

Class / Distance	20m	30m	40m	50m	60m	70m	90m
Men	600	550	500	450	450	450	450
Women	600	550	500	450	450	450	**
Master/Veteran Men	600	550	500	450	450	450	450
Master/Veteran Women	600	550	500	450	450	450	**
Junior Men	600	550	500	450	450	450	450
Junior Women	600	550	500	450	450	450	**
Cadets	600	550	500	450	450	**	**
Intermediate	600	550	500	450	**	**	**
Cubs	600	550	500	**	**	**	**

There are specific rounds (refer to Outdoor Target Archery Rounds), at the qualifying distances, and there are score sheets in the Clubhouse to record your achievements on, but please don't forget to put your name, date and round shot on the score sheet and put it in the score sheet receptacle under the overhead cabinet. The Club Recorder can then record your shooting scores and advise you when he feels you are ready to add another 10m to your shooting distances.

When shooting distances in a controlled shoot ie a Club League shoot your score can go towards getting you a shooting handicap. Under a controlled shoot ie Club League, QRE or tournament you can shoot a distance greater than that which you are qualified at the discretion of the shoot organiser. To obtain a shooting handicap you require five different rounds under controlled shooting conditions. Those scores should be submitted to the Club Recorder, who will then advise you of your shooting handicap.

Once you have a shooting handicap you can then compete in the league rounds for an individual round prize and overall league placing.

The handicap rating system is tied to a classification system starting with White, Black, Blue, Red Gold, Master Bowman, Grand Master Bowman,

Elite Bronze, Elite Silver and Elite Gold. Badges can be claimed for these classifications in accordance with Archery Australia Inc procedures (refer to Chapter Four: Records, Classifications, Ratings & Handicaps -

Archery Australia Constitution and Shooting Rules for current procedure). Generally classification awards are claimed through your club, the club obtains these awards from either the RGB Recorder or direct from Archery Australia Tournament and Records Committee.

As you can see there is plenty to aim for, if you so wish or on the other hand you can shoot the bow purely for enjoyment.

PURCHASING EQUIPMENT

One of the costliest mistakes the new Archer can make is to rush out and buy an expensive new bow and a set of arrows too quickly, only to find that after shooting for several weeks the equipment turns out to be less than ideal.

We suggest that you speak to the Club Coach and request him to recommend the gear you should purchase before you begin shooting yourself at the range. This will ensure you have the right equipment and progress on your archery journey effectively. When you shoot regularly after completing the Beginner Course you will find that as your technique, experience and strength improves the bow and arrows you started with will not ultimately be suited to you.

There are always members of the Club with equipment for sale, who will be more than happy to let you try it first to see if it suits you. Please check the equipment for sale notice board in the Clubhouse for what is currently for sale.

If you choose to buy a bow, arrows and accessories from a retail store, we recommend you visit an Archery ProShop such as Abbey Archery at Castle Hill. They have the experts to guide you in your purchase. Should you be interested in purchasing your gear online via Facebook buy and sell pages, don't hesitate to consult one of our Coaches or other experienced Members prior to purchasing such equipment. Remember that they have no motive for telling you other than what they believe will be in your best interest. Please do not buy equipment online, other than a professional archery shop. ebay and Amazon are not the best for archery equipment.

The club also has a Buy and Sell page on Facebook, where you could get gear you are looking for. The page is called '**NAOS - Archery Buy, Sell & Swap**'.

THE COMPOUND BOW VERSUS THE RECURVE (OLYMPIC) BOW

One of the main differences between these two types of bows is that the compound bow has a mechanical advantage, via levered wheels /cams at the limb tips and as such it is easier to shoot a higher poundage bow. Further, with all the other accessories allowed on compound bows it is generally easier to shoot higher scores. However, make no mistake, to shoot any bow well takes a lot of skill, perseverance and dedication. Also compound archers shoot in different divisions than the Olympic Archers.

Speak to the various Archers about the different types of equipment they use, to give you some idea, which way you might like to go. The recurve or Olympic bow is the only bow presently recognised for use at the Olympic Games but there are also many International and National tournaments where you can compete with a compound bow.

BOW TUNING

You will have learned that there are basically two different types of bows; recurve and compound and that they both come in different lengths and draw weights; arrows differ in diameter and wall thickness and can be either aluminium, carbon/aluminium or carbon construction.

We would not recommend wood or fibreglass arrows for serious target archery, nor would we recommend aluminium arrows for the beginning Archer. Aluminium arrows, besides the expense, are much lighter and more sensitive to a less than perfect release. At the shorter distances aluminium arrows very often out score carbon arrows.

In the main, archery has not gone metric. Bow weights of most recurve bows are rated in pounds with the draw length in inches, both are generally noted on the bottom limb of the bow.

Please note that the draw weight of most bow limbs are rated at 28 inches. Since people have different draw lengths, the performance of the same recurve bow for two different Archers may differ substantially. For example, if Archer number one has a draw length of only 26 inches he or she will pull a bow rated at 30lbs to perhaps only 27lbs. When Archer number two with a longer draw length of say 30 inches draws the same bow, the effective draw weight may increase to 33lbs. This means that these two Archers will most likely need to use different arrows to achieve the best results.

In your visits to the range you may have seen people 'fiddling' about with their bows and heard references to nocking points, pressure buttons, tiller and clicker settings, brace and tiller heights, wheel timing, etc. etc. These are all factors in bow tuning. Do not let this scare you off, every sport has their intricacies and lingo and before you know it, it will become second nature to you too.

CLUB SAFETY POLICY

It is the right of all members of the Club to be able to enjoy the Club facilities and for the general public to use the surrounding areas (not the range), in complete safety. To this purpose all members of the Club have a responsibility to ensure that the sport of archery is conducted in a safe and proper manner and that the Club's Safety Policy, the Safety Management Plan and the Range Shooting Policy, as set down by the Committee from time to time, are fully complied with.

It must be recognised by all Members that one of the major risks would be for members of the public wandering onto the range behind the targets or mound unexpectedly. As such all Members must be vigilant at all times and should this occur, raise the alarm immediately, by any means, to ensure shooting will cease forthwith and the person/s removed from the range and area behind the targets immediately.

Any unsafe behaviour should immediately be brought to the attention of an offending Archer(s) or an offending member(s) of the public. If a Member cannot resolve the issue forthwith, the COM must immediately be advised. The COM has the right to stop all shooting activity and shooting will not recommence until the problem has been resolved.

In the event an unsafe condition or a breach of safety occurs the COM shall sound multiple whistle blasts and all shooting activities must stop immediately, until they are satisfied that it is safe to resume shooting.

We are proud of the fact that neither Archer nor any member of the public has been injured on our range by an arrow shot from a bow. It is the responsibility of all our Members that this record is maintained.

SAFETY MANAGEMENT PLAN

1. Any Committee Member has the authority to ensure that the Safety policies are adhered to.
2. In the absence of a Committee Member, the first Archer utilising the range shall perform the function in relation to safety until he/she leaves. It is the responsibility of a Committee Member when leaving to ensure a remaining suitable Archer assumes the role of Safety Officer to oversee range safety. This especially applies to weekdays.
3. When the range is in use the red flag MUST be raised adjacent to the Clubhouse.
4. All Members, including Associate and Social Members and Visitors must sign in using the FOB prior to commencement of any shooting activity for insurance purposes. This will also serve as a continuing acknowledgment of the Club's Safety Policy, Safety Management Plan and Range Shooting Policy.
5. Archers on adjacent targets must maintain a distance spacing and formation that is in accordance with the Northern Archers 'Range Shooting Policy' - see Range Shooting Policy below.

6. Archers/persons shall not proceed between the targets and the safety mound until Archers on the four (4) adjacent targets to the left and right have been advised and have ceased shooting.
7. Should any Archer/person go on or be behind the safety mound all shooting on the range must stop immediately.
8. No Archer whilst aiming shall raise his/her sights above the target butt at any time and prior to changing distances the sight setting for the new distance shall be checked by the Archer.
9. No member who is fifteen (15) years of age or under shall be permitted to shoot, unless another competent Archer/person over the age of eighteen (18) years is present, or unless approved by the Committee. Parents / guardians leaving a member who is 15 or under must first check with the Duty Officer or responsible adult member to ensure there will be adequate supervision before leaving their child to shoot at the range. The parent / guardian should confirm with the Duty Officer or responsible adult what time the child will be picked up.
10. Weighing of bows in the Clubhouse shall be carried out under the supervision of an experienced Archer.
11. If there is an unresolved dispute about Range Safety the COM may exercise discretion to take appropriate action to remedy the situation. His/her decision shall be final.
12. A First Aid kit and Defibuliser is fixed to the rear wall of the Clubhouse for use in case of an emergency.
13. The Range shall be kept clear of re-growth to ensure a clear a view as possible. This must be done in close coordination with Hornsby Shire Council and Parks and Gardens to ensure compliance with their rules and regulations relating to cutting / clearing native bushland.
14. All Members current and future shall be given a copy of the Club's Safety Policy, Safety Management Plan and the 'Range Shooting Policy'. An Archer signing in to use the Range acknowledges that they have read, understand and accept the Safety Policy, Safety Management Plan and Range Shooting Policy. If an Archer has any doubts about the application of these policies they must ask a Committee Member for an explanation so the Archer fully comprehends the policy.
15. The Safety Policy, Safety Management Plan and Range Shooting Policy shall be under constant review and be an item on the Agenda of all General Meetings.
16. All dogs brought onto the Club grounds must be on a leash and are the responsibility of the owners. In case of any accident the owners will be held accountable for their pets.
17. Covered footwear is to be worn at all times by an Archer engaging in the practice of archery or any person accompanying an Archer on the range. Open footwear such as thongs and sandals are not acceptable.
18. No Running or Smoking on the range is permitted. Smoking is not permitted within 10m of archers on the shooting line.

RANGE SHOOTING POLICY

Note: Our current shooting policy has been amended to reflect the Safety Guidelines laid down by Archery Australia, dated January 2011. These guidelines apply to all AA affiliated clubs in Australia. These changes have been made necessary to ensure that we will be covered by the insurance policy held by AA, in the event there should be an incident on our range. For clarity the range has been divided into 16 lanes, and a Beginners area with 6 targets as designated on drawing Diagram 1

The following shooting policy will be adhered to by all members.

1. Under normal conditions Archers will shoot the longer distances from the left hand side of the range, tapering across to the shortest distances on the right hand side of the range (when viewed from the Club House), at all times complying with the Range Shooting Policy set out below.

2. To be in front of other archers shooting on an adjacent target, there must be at least two (2) clear target lanes separation to be in front to a maximum of 20m, but subject to weather conditions this may be reduced to 10m.

3. The following rules will apply if Archers wish to go forward to score or retrieve their arrows independently of other archers shooting on the range – To be able to do this, there must be at least two (2) clear lanes on either side for distances up to 30m, three (3) clear lanes on either side for distances over 30m to 50m and four (4) clear lanes for shooting distances over 50m.

If this is not the case Archers may only go forward and score/ retrieve their arrows with other Archers shooting on other targets which are overlapping theirs, using the two (2), three (3) or four (4) clear lanes rules.

4. To facilitate maximum range flexibility, Target number one (1) has been designated as the only target to be used for shooting at 90m, other than during competitions when the shooting is under the control of a Director of Shooting (DOS).

Further, should the range be congested, which is often the case on weekends, Archer(s) shooting a defined round, which includes 90m are entitled to shoot 6 practice arrows plus 36 scoring arrows, after which they have to move to a shorter distance, ie in the event of other archers wishing to shoot that target or when requested by the Duty Officer.

5. Archers shooting a defined round are entitled to shoot up to two distances on the one target before being required to change to a different target. They may be required to move and will do so if requested in the event that another/other Archers wish to shoot on that target in order to maintain the 'preferred taper' as referred to in the Range Shooting Policy (refer Diagram 1 as example).

6. Archers not shooting a defined round shall be limited to shooting a maximum of 36 arrows from one distance. They will then be required to move to another target or take a break, if so requested.

7. Archers wishing to tune their equipment at short distance will be required to use main range on the righthand side or the Designated Beginners area at a maximum of 20m, under the proviso that they must fit in with any Beginners classes being conducted on target 17-22. They must shoot the same distance and also go forward together with the class to retrieve their arrows.

8. Maximum distance to be shot on targets 12 to 16 is 50m when beginners classes or Come and Trys are taking place in the Beginners area . The same rule of 2 clear lanes applies to be able to go forward to the target independently.

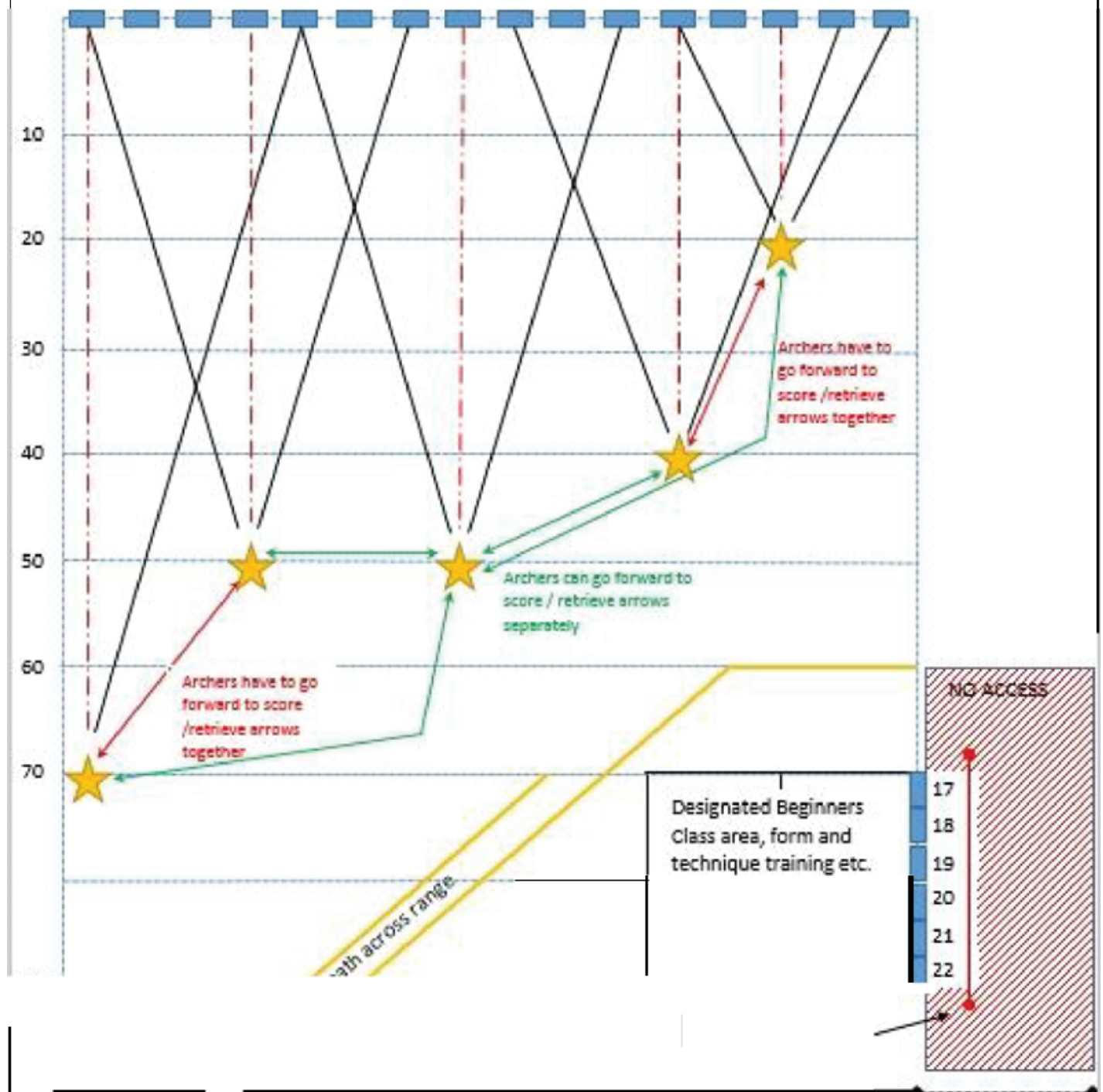
9. Where all targets are being used and congestion appears likely to continue, a latecomer shall be responsible for setting up a temporary target either in lanes 3, 6, 9 or 12, subject to the distance wishing to be shot and shall wait until a re-organisation can be arranged amicably with other archers, keeping in mind that Point 5 above may be invoked and in addition complying with lane separation rules above.

Note: If a latecomer chooses not to set-up a temporary target she/ he must wait until others have completed their rounds and a target becomes vacant.

10. This policy is mandatory and will be adhered to and policed by all members and not just the Duty Officer. Should a breach of this policy by a member be reported to the Committee of Management the case will be investigated and if proved to the satisfaction of the Committee the disciplinary provisions set out in the By-laws will be invoked.

Where possible Archers are encouraged to shoot in two's or three's to a target in order to provide maximum range utilisation.

Safety Mound



Archers in this area can move forward separately

CLUB HARASSMENT POLICY

Harassment in any shape or form, by one member to another is totally unacceptable and will not be tolerated. Harassment may include, but not necessarily limited to references to race, colour, sex, sexual preference, mental or physical disability, marital status, family responsibility, pregnancy, religion, political affiliation or opinion, national extraction or social origin.

Should any member feel that they are experiencing ANY form of harassment they should raise this matter themselves, or through a third party, with the offending person(s). If continued harassment takes place they should then raise this matter, either themselves or through a third party, with the Committee of Management, who will deal with the matter as expeditiously as possible and to ensure that this matter is dealt with in such a manner that will preserve the harmonious relationships amongst all members.

Any matters raised with the Committee of Management should be in writing setting out the details of the incident including date, time, nature of alleged harassment and names of other persons that witnessed the incident. All members have a responsibility to raise any perceived feelings of harassment to themselves or any other members through the appropriate channels so as to ensure that these matters are resolved forthwith and as such to maintain an atmosphere of acceptance and good fellowship.

SOCIAL MEDIA POLICY

Northern Archers of Sydney Inc, hereafter referred to as NAOS, recognises that Social media offers the opportunity for people of shared interest to more easily communicate and share their sport interests with each other.

Social media networking means any medium on the internet in which Northern Archers of Sydney Inc (NAOS) wishes to participate. Examples include but are not limited to Facebook, Twitter, YouTube, Blogs, MySpace, Wikipedia or other wikis, and LinkedIn.

This policy aims to provide some guiding principles to follow when using social media in which NAOS participates. This policy does not apply to the personal use of social media platforms by anyone associated with the sport in particular when there is no reference, inference or mentioned association to NAOS, Archery Australia, RGBs or Clubs or its affiliates or related activities.

This policy applies to all NAOS members, associate and social members, volunteers or any individual representing themselves as a member of NAS.

Guiding Principles

The web is not anonymous. NAOS members, registered affiliates, volunteers and staff should assume that everything they write can be traced back to them.

NAOS will not, and expects that users will not, post any materials that fall into any of the following categories and may have any materials removed that:

- Have content that the moderator deems inappropriate, which includes but is not limited to swearing, abusive language and inappropriate photos.

- Persons wishing to participate in the medium under the NAS banner will be required to use their full name, no pseudonyms are permissible.
- Defame abuse, harasses, stalk, threaten or otherwise violate the legal rights (such as rights of privacy and publicity) of others.
- Images of children (minors under the age of 18 years) may not be replicated on any site without written permission of the child's parent or guardian. This also includes names, address, performances or any personal details concerning the individual.
- Publish, post, distribute or disseminate any defamatory, infringing, obscene, indecent, misleading or unlawful material or information.
- Upload or attach files that contain software or other material protected by intellectual property and copyright laws (or by rights of privacy or publicity) unless the user owns or controls the rights thereto or has received all necessary consents.
- Upload or attach files that contain viruses, corrupted files, or any other similar software or programs that may damage the operation of another's computer that discriminates against a member of the community based on sex, race, sexuality, religion or any other issue.
- Advertise for any products, business or services.
- Link or refer to inappropriate content of an explicit nature.
- Refer to personal details including address, phone number or any other contact details.
- Spam the wall, or incite or encourage other users to spam the wall with any kind of content.

It must be recognised that Archery Australia Inc has a Social Media Policy, which also applies to anyone associated with the sport of archery, which can be found on the Archery Australia website.

Remember that honesty is always the best policy, especially online. It is important for you to recognise that the web is a permanent record of your online actions and opinions.

Be mindful of any thing that you post to social media as it may come back to you in latter life.

NORTHERN ARCHERS LEAGUE COMPETITION RULES

Aim: A regular competitive social shoot for members, junior and senior, shooting various rounds, to encourage our members to compete a little more, improve skill and to develop social cohesiveness and interaction.

1. The league will be known as the "Northern Archers League". Sponsors names may be included at the discretion of the Committee of Management (CoM).
2. The league is controlled by the CoM and any decision on any matter concerning the league is final.
3. Competitions will be based upon Archery Australia Inc rules including the handicap rating and classifications, as administered by the club recorder and/or the CoM.
4. Competitions consisting of 10 - 12 rounds will be held twice per year with rounds being about 2 weeks apart.
5. Competition rounds will be held on a Saturday or Sunday, taking into account external competitions and other club activities.
6. Competition rounds may be of any type deemed appropriate and which can conform to the Archery Australia Inc handicapping and classification system and may include rounds shot in external competitions, such as the Northern FITA Star, Northern FITA 900 and Northern Junior Challenge.
7. Competition rounds will be advertised in the club calendar and will have 'right of way' on the shooting range. No other shooting is permitted on the range during a league shoot.
8. Participants must be full or associate members of Northern Archers, or be a member of a club affiliated with AA. They must have an established minimum white class handicap rating 3 with Northern Archers in order to receive competition points. (Note: Archers who do not meet these criteria (including members of other clubs) may, at the discretion of the CoM be allowed to shoot in order to develop their skill or help establish their handicap rating or classification).
9. Entry fees will be \$2 for all participants eligible to receive competition points. The club will match these entry fees, dollar for dollar, with the total amount collected being used for the winning prize money at the end of the competition.
10. The number, length and timing of any rest breaks taken during the shooting of a league round will be determined by consensus of the archers participating in that round. All Archers must be ready to recommence shooting at the agreed time. A participating Archer may during a rest break shoot on a blank practice butt at no more than 10m for the physiological purposes of staying 'warm & loose'.
11. The overall order of placings in each round is found by:
 - a) Firstly, determining which archers have shot above their rating and which have shot equal to or below it, and then,
 - i. For Archers who have shot below or equal to their current rating: the place in which they finish is sorted according to their adjusted score as determined by the use of the Archery Australia Inc ratings tables. Archers who have shot an equal score shall be separated by a countback 1.

ii. For Archers who have shot above their rating: the place in which they finish is sorted according to how much above their rating they shot. Only a maximum of 3 ratings points will be taken into account to determine the placings. (ie Archers who shot >3 points above are automatically deemed to have shot 3). Archers who have shot the same amount above their rating shall be separated by a countback 1.

b. Finally, the overall order is determined by placing those who shot over their handicap, in front of the others, in their respective finishing orders.

12. Points are allocated to the placing according to a 50 point sliding scale. ie 1st = 50 pts, 2nd = 49 pts, 3rd = 48 pts, and so on. An additional 1 point (for participation) is allocated for each round shot.

13. At the end of the competition the Archer with the highest point score, based on their best 6 rounds, plus their participation points, will be declared the winner. In the event of archers being equal then their placing will be determined by a shoot off 2.

14. At the end of each competition there will be prizes for 1st place, 2nd place & 3rd place, with the prize money being split 50%, 33%, and 17% respectively. In addition sponsors' prizes, if available will be allocated as determined by the CoM.

15. Participants must have completed 6 rounds in the competition to be eligible for any prizes.

16. An Archer may use different types of bows through the competition. However, the general rules of the competition will apply. That is:

a. the same bow must be used for any one round of the competition;

b. an Archer will be entered separately into the competition for each bow used, along with the appropriate handicap rating and must still shoot the minimum 6 rounds with each bow to be eligible for any prizes.

17. A league ladder will be displayed in the clubhouse and published on the club's website showing the current placings, the 'best 6' points progression and the average points/round of each of the participants.

18. Countbacks: Used to determine the order of competitors on equal placings. using the following method:

i. Count total no. of Xs, 10s & 9s for each archer;

ii. The order is determined by the highest no. of Xs (for sighted compound bows) and Xs & 10s combined (for all other bows);

iii. For those still equal, then between sighted compound bows use highest no. of 10s for between all other bows use highest no. of Xs; for between sighted compound and all other bows use the highest no. 10s (for sighted compound bows) & 10s & 9s combined (for all other bows);

iv. For those still equal after all this then they are declared equal and awarded the same no. of points.

AGE CLASSES

Under 14 (U14) (Male, Female)

Under 16 (U16) (Male, Female)

Under 18 (U18) (Male, Female) (Para, VI 1, VI 2/VI 3, Para W1)

Under 21 (U21) (Male, Female) (Para, VI 1, VI 2/VI 3, Para W1)

Open Division (Male, Female) (Para, VI 1, VI 2/VI 3, Para W1)

Masters Division (50+) (Male, Female)

Veteran Division (60+) (Male, Female)

Veteran + Division (70+) (Male, Female)

Notes:

Under 14 (U14) can shoot as U14, U16, U18, U21 or Open

Under 16 (U16) can shoot as U16, U18, U21 or Open

Under 18 (U18) can shoot as U18, U21 or Open

Under 21 (U21) can shoot as U21 or Open

50+ can shoot as 50+ or Open

60+ can shoot as 60+, 50+ or Open

70+ can shoot as 70+, 60+, 50+ or Open

CLASSIFICATIONS AWARDS

There are ten classification levels available.

- White
- Black
- Blue
- Red
- Gold
- Master Bowman
- Grand Master Bowman
- Elite Bronze
- Elite Silver
- Elite Gold

Classifications are available for Target, Indoor, Field and Clout.

FOR FURTHER DETAILS PLEASE LOOK UP

<https://archerynsw.org.au/classifications-and-awards/>

<https://archery.org.au/wp-content/uploads/2020/04/RC-014-2013-01-Information-on-Awards.pdf>

TARGET ROUNDS

Rounds	Total Arrows	Number of Arrows at Each Distance							Possible Score
		Distances (metres)							
		90	70	60	50	40	30	20	
WA 90m	144	36+	36+		36*		36*		1440
WA 70m	144		36+	36+	36*		36*		1440
WA 60m	144			36+	36+	36*	36*		1440
Fremantle	144			36+	36+	36*	36*		1440
AA 50	144				36+	36+	36*	36*	1440
AA 40	144					36+	36+/*	36*	1440
Long Sydney	120	30+	30+	30+	30+				1200
Sydney	120		30+	30+	30+	30+			1200
Long Brisbane	120	30+	30+	30*	30*				1200
Brisbane	120		30+	30+	30*	30*			1200
Adelaide	120			30+	30+	30*	30*		1200
Short Adelaide	120				30+	30+	30*	30*	1200
Hobart	90	30+	30+		30+				900
Perth	90		30+	30+	30+				900
Canberra	90			30+	30+	30+			900
Short Canberra	90				30+	30+	30+		900
Junior Canberra	90					30+	30+	30+	900
Grange	90			90+					900
Melbourne	90				90+				900
Darwin	90					90+			900
Geelong	90						90+		900
Newcastle	90							90+	900
Holt	90				90*				900
Drake	90						90*		900
Wollongong	72	36+	36+						720
Townsville	72		36+	36+					720
Launceston	72				36*		36*		720
Half WA 90/720	72	18+	18+			18*	18*		720
Half WA 70/720	72		18+	18+		18*	18*		720
Half WA 60/720	72			18+	18+	18*	18*		720
WA 70/720	72		72+						720
WA 60/720	72			72+					720
WA 50/720	72				72*				720
AA 50/720	72				72+				720
AA 40/720	72					72+			720
AA 30/720	72						72+		720

Legend: + 122cm Diameter target face *80 cm Diameter target face.

** Note the FITA 900 Round is the same as the Canberra Round but is shot to FITA Rules.

Other "Short" and "Junior" rounds may be created by reducing distances by 10m and 20m respectively.

The WA 50/720 Round for compound archers is shot on an 80cm 6 Ring Target Only.

FIELD ROUNDS

National Field (28T)	All Divisions (Recurve, Compound, Barebow Recurve, Barebow Compound and Longbow) - refer table next page (Hunters Round - All athletes shoot from the same peg - no different coloured pegs or distances)
WA Field (2 x 24T Marked) WA Field (24T Marked) WA Field (24T Unmarked)	All Divisions (Recurve, Compound, Barebow Recurve, Barebow Compound and Longbow) Athletes shoot from the pegs in the table shown below

Class	Recurve	Compound	Barebow Recurve	Barebow Compound	Longbow
Male	Red	Red	Blue	Blue	Yellow
Female	Red	Red	Blue	Blue	Yellow
50+ 60+ 70+ Male	Red	Red	Blue	Blue	Yellow
50+ 60+ 70+ Female	Red	Red	Blue	Blue	Yellow
Under 21 Male	Red	Red	Blue	Blue	Yellow
Under 21 Female	Red	Red	Blue	Blue	Yellow
Under 18 Male	Blue	Blue	Yellow	Yellow	Yellow
Under 18 Female	Blue	Blue	Yellow	Yellow	Yellow
Under 16 Male	Blue	Blue	Yellow	Yellow	Yellow
Under 16 Female	Blue	Blue	Yellow	Yellow	Yellow
Under 14 Male	Yellow	Yellow	Yellow	Yellow	Yellow
Under 14 Female	Yellow	Yellow	Yellow	Yellow	Yellow

THE ARCHERY GLOSSARY

15-ARROW MATCH Standard format for an individual **match** using a **compound bow**. The athlete with the highest **cumulative score** after 15 **arrows** wins.

16-ARROW MATCH Standard format for a **mixed team match** using a **compound bow**. The mixed team with the highest **cumulative score** after 16 **arrows** wins.

24-ARROW MATCH Standard format for a **team match** using a **compound bow**. Team with the highest **cumulative score** after 24 **arrows** wins.

50-METRE ROUND Standard format for the **ranking round** with the **compound bow**. Athletes shoot 72 **arrows** at 50 metres on an 80cm **target face**.

70-METRE ROUND Standard format for the **ranking round** with the **recurve bow**. Athletes shoot 72 **arrows** at 70 metres on an 122cm **target face**.

AIM The process of pointing a drawn **bow** towards the **target**.

ALIGNMENT The relationship between the position of the **bow**, **sight**, **anchor point** and **archer's eye**.

ANCHOR POINT A consistent location on the **archer's face** to where the **string hand** comes at full draw.

ARCHER A person who shoots a **bow**.

ARCHERY Shooting with a **bow** and **arrow** at a **target** for sport.

ARCHERY WORLD CUP The annual international **archery** tour, consisting of at least three legs and a final, that was launched in 2006.

ARMGUARD An accessory that protects the arm from the string when an arrow is released. Made of plastic (or leather) and worn on the inside of the forearm.

ARROW Projectile that a bow shoots. Consists of several parts: **point**, **shaft**, **fletching** and **nock**.

ARROW FLIGHT The path of the **arrow** from the **bow** to the **target**.

ARROW REST The contact point of the **arrow** to the **bow**.

BAREBOW A **bow** consisting of **recurve**

bow, **bowstring** and **arrow rest**, **shot** using the fingers. No **sight** or **stabiliser** is permitted.

BOW A piece of curved sporting equipment, joined at both ends by a **bowstring**, used to shoot an **arrow**.

BOW ARM The arm, attached to the **bow hand**, that supports the **bow**.

BOW HAND The hand holding the **bow**.

BOWSTRING A string, usually made of synthetic materials, that attaches to both ends of the **bow**, which is drawn by the **archer** and imparts energy to the **arrow** upon **release**.

BRACKET Knock-out system of **matches**, where the winner advances and the loser is out of the competition.

BUBBLE A device attached to the **sight** of a **compound bow** that helps maintain a consistent vertical position.

CAM An elliptical-shaped component of a **compound bow**, over which the **bowstring** runs, decreasing the amount of **draw weight** required to hold the **bow** at **full draw**.

CAM STOP A mechanical point in the **draw** of a **compound bow** that stops the **bow** being drawn any further.

CHESTGUARD An accessory that covers the side of the **archer's chest** closest to the **bow**, keeping clothes out of the path of the **bowstring**.

CLASSIFICATION A sport class assigned to **para archery** by a **classifier** athletes to ensure fair competition.

CLASSIFIER A person who assesses the impairment of a **para archery** athlete and assigns them a **classification**.

CLICKER A drawlength-check device used on a **recurve bow** that gives an audible indication when the **arrow** has reached the desired **draw length**. Ensures the **archer** imparts the same energy to the **arrow** with each **shot**.

COMPOUND BOW A **bow** that uses a **cam** system, through which the **bowstring** and **cables** run, to increase the efficiency of energy imparted to the arrow when the **bow** is **shot**. The use of a magnifying **sight** and

release aid is permitted. Not used in the Olympics, but used in the Paralympics.

COURSE The **range** on which a **field archery** is **round** is **shot**.

CUMULATIVE SCORE Adding together the value of a number of **arrows** to find a total.

DIRECTOR OF SHOOTING The technical official responsible for competition timing.

D-LOOP A "D"-shaped piece of string that is tied to the **bowstring** of a **compound bow** around the **nocking point**, to which a **release aid** attaches.

DRAW The act of pulling back the **bowstring**.

DRAW FINGERS The fingers that hold the **bowstring**. (Or hold the **release aid**, in the case of a **compound bow**.)

DRAW HAND The hand that pulls the **bowstring**.

DRAW LENGTH The distance between the **arrow rest** to the back of the **arrow** at **full draw**.

DRAW WEIGHT The peak force required to draw the **bow** to **full draw** (usually measured in pounds).

END A group of **arrows**, usually three or six, **shot** in one sequence.

EQUIPMENT INSPECTION The process of checking that an athlete's equipment falls within the rules.

FIELD ARCHERY A type of **archery** done outdoors around a **course**, similar to golf, with **targets** of varying sizes and distances.

FINGER SLING A string attached to the **draw fingers**, around the **bow**, preventing it from falling to the ground. Some slings are also attached to the **bow**.

FINGER TAB An accessory worn on the **draw hand** of an **archer** using a **recurve bow** that has a flat piece of leather to protect the **string fingers**.

FLETCHING The real or artificial feathers that stabilise the back of an **arrow**.

FULL DRAW The end of the **draw**, when an **archer** is at **anchor point**.

GOLD The first (central) colour on the standard **target face**, scoring 9 and 10.

GRIP The wooden or plastic part, in the centre of the **riser**, that an **archer** holds.

GROUP The pattern of an **archer's** arrows in the **target**.

INDOOR ARCHERY A type of **archery** done indoors, usually over 18 metres.

JUDGE The technical official responsible for the application of the rules and to establish a score value in case of doubt.

KISSER An optional button attached to the **bowstring** that an **archer** touches to a spot on the face (usually the lips) for a consistent vertical reference.

LEFT-HANDED ARCHER Holds **bow** in the right hand, draws with the left.

LIMBS The parts of a **bow** that bend to propel an **arrow** on **release**.

Longbow A **bow** popular in England in the middle ages, up to two metres long and made of yew.

MATCH A head-to-head contest between two **archery** opponents.

MIXED TEAM A mixed team consists of two athletes, one male and one female, shooting the same style of **bow**.

NOCK The component at the back of an **arrow** that clips onto the **bowstring**.

NOCKING POINT Two raised buttons on the **bowstring** between which the **arrow** is clipped, keeping it in place.

OPEN A **classification** in **para archery**, usually assigned to an athlete with an impairment in either the top or bottom of their body.

PARA ARCHERY The Paralympic discipline of **archery** for athletes with a **classification**.

PEEPSIGHT A circular plastic or metal device attached to the string of **compound bow**, through which the **archer** looks at his **sight** to **aim**.

PLUNGER BUTTON A sprung plastic cushion on which the side of the **arrow** rests on a **recurve bow**. It helps the arrow fly straight.

POINT The metal tip at the front of the **arrow** that pierces the **target**.

POSTURE The relationship between an **archer's** lower and upper body, head and arms, and target, during the **shot**.

QUALIFICATION See **ranking round**.

QUIVER A container for **arrows** worn around the waist.

RANGE An area for doing **archery**.

RANKING ROUND A round using

cumulative score that is used to seed athletes for a **bracket**. The highest scorer receives seed one, second seed two, and so on...

RECURVE BOW A **bow** that consists of a **riser** and two **limbs** that curve back away from the **archer**, linked by a **bowstring** that is drawn with the fingers. The use of **stabilisers**, and a **clicker** is permitted – but the use of a magnifying **sight** and **release aid** is not permitted. Used in the Olympics and Paralympics.

REFERENCE POINT See **anchor point**.

RELEASE The act of letting go of the **bowstring** at **full draw**.

RELEASE AID A mechanical hand-held device used with the **compound bow** that is used to draw and release the **bowstring**, attaching via a **D-Loop**, minimising inconsistencies.

RIGHT-HANDED ARCHER Holds **bow** in the left hand, draws with the right.

RISER The rigid centre section of a **bow** into which the **limbs** attach.

ROUND A standard number of **ends shot** at designated distance(s) to obtain a **score** or a phase of matchplay.

SCORE The value of an **arrow**, or combination of arrows, in the **target**.

SERVING String wrapped around ends and centre of a **bowstring** to protect it from wear.

SET A series of **arrows** in the **set system**. Three in individual competition, four in mixed team and six in team.

SET POINTS Awarded on the score of a **set**. The highest scorer in the set receives two set points. Each receives one if the scores are equal.

SET SYSTEM Used to decide the result of **matches** using the **recurve bow**. Athletes shoot a series of **sets**, comparing scores within each set and receiving **set points**. Six set points wins an individual **match**, five wins a **mixed team** or **team** match.

SHAFT The main body of the **arrow**, made of carbon/aluminium.

SHOT, SHOOT, SHOOTING To **draw** and **release** a **bow**.

SHOOTING LINE A position parallel to the **target** from which **archers** **shoot**.

SHOOT-OFF A **match** tie-break procedure in which each **archer** – or archer within the team – shoots a single **arrow**. The closest arrow to the centre of the **target** wins the match.

SIGHT A device mounted on the **bow** with which an **archer** **aims**. It has a block that is moveable up-and-down and left-to-right. An archer using a **compound bow** may have a magnifying lens and **bubble**, but an archer using a **recurve bow** may have neither.

SIGHT PIN The part of the **sight** that an **archer** locates on the **target** during **aim**.

SPIDER A colloquial term for the **X**.

STABILISER A rod and weight system mounted to the **bow** to balance it during **aim** and absorb vibration on **release**.

TARGET The object an **archer** **aims** at. **Archery targets** have 10 concentric rings, scoring one to 10 points, coloured in twos from the centre: **gold, red, blue, black** and **white**. An **archer** using a **recurve bow** shoots at a 122cm target, with a 10-ring measuring 12.2cm across. An archer using a **compound bow** shoots at an 80cm target, with a 10-ring measuring 8cm across, with the outer four scoring rings removed.

TARGET ARCHERY The most common type of **archery**, done over fixed distances on a range.

TARGET FACE The paper sheet, printed with the scoring zones, mounted on the **target** **boss**.

TARGET BOSS The foam mat that catches the **arrow**, held on a stand, onto which the **target face** is mounted.

TEAM **Target archery** teams consist of three athletes of the same gender shooting the same style of **bow**.

TECHNIQUE An **archer's** **shooting** style.

TOXOPHILY From Latin, meaning “of or relating to **archery**”

TUNING An adjustment to the **bow** or **arrow** to improve **arrow flight** and consistency.

VANE See **fletching**.

WAITING LINE A line parallel to the **shooting line** that an **archer**, waiting to **shoot**, may not cross until given the signal to do so.

W1 A **classification** in **para archery**, usually assigned to an athlete with an impairment in the top and bottom of their body. W1 athletes may use a **recurve bow** or a **compound bow**, limited to 45 pounds. They may not use a magnified **sight** but may use a **release aid**.

WORLD ARCHERY The international federation for the sport of **archery**. Formed in 1931 and headquartered in Lausanne, Switzerland.

X The very centre of the **target**.



NORTHERN ARCHERS OF SYDNEY INC